



GREETINGS FROM MGIMO INTERNATIONAL OFFICE

Please, accept the warmest greetings from MGIMO International Office!

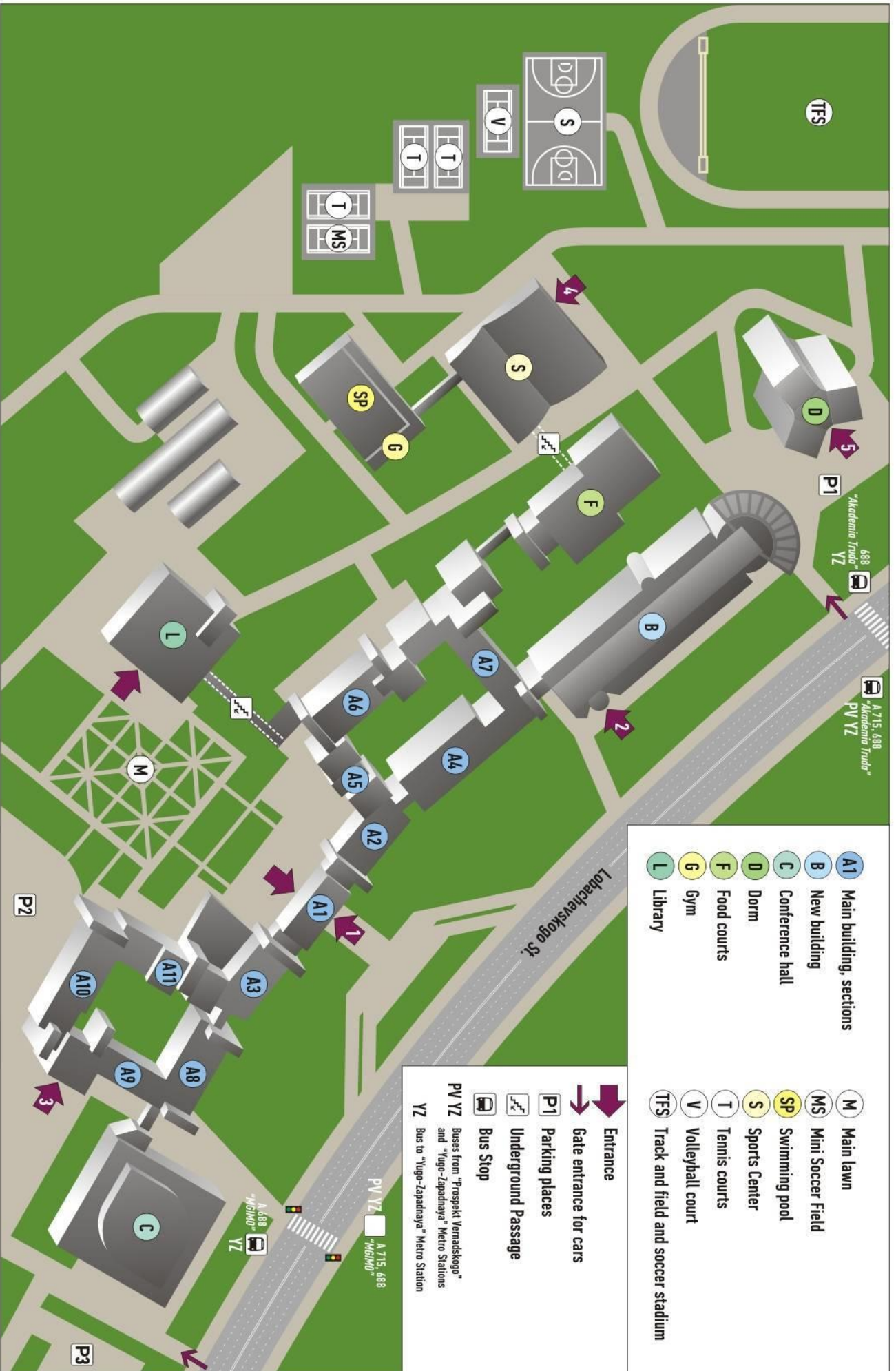
We are thrilled that you have decided to join us at MGIMO University. We hope that you will keep memories of the time spent at MGIMO as that of unprecedented academic challenges, of vivacious social interaction and that it will take you one step closer to accomplishing your cherished goals.

This brochure has been designed to help you painlessly adjust to the MGIMO University environment and settle comfortably in Moscow. Alongside important administrative information, it provides an overview of the University, the campus, its social and academic life.

Should you need any further details, do not hesitate to reach out to us. You are always welcome to our office. We can also answer your queries by e-mail, phone or via the University's social networks.

We wish you a pleasant study with us and hope that this period of your life will be exciting and memorable.

Welcome to MGIMO!



- A1** Main building, sections
- B** New building
- C** Conference hall
- D** Dorm
- F** Food courts
- G** Gym
- L** Library

- M** Main lawn
- MS** Mini Soccer Field
- SP** Swimming pool
- S** Sports Center
- T** Tennis courts
- V** Volleyball court
- TFS** Track and field and soccer stadium

- Entrance
 - Gate entrance for cars
 - P1** Parking places
 - Underground Passage
 - Bus Stop
- PV YZ** Buses from "Prospekt Vernadskogo" and "Yugo-Zapadnaya" Metro Stations
YZ Bus to "Yugo-Zapadnaya" Metro Station



ACCOMMODATION

When you arrive at the dormitory #2 please show your passport to the security guards. He will show you where is the Director's office or Manager's office a where you will receive keys to your room, bed linen, pillow, and blankets. There is a manager on duty at the dormitory. Please feel free to ask the duty manager about any accommodation matters.

Your room

Your room is equipped with basic furniture. The bed linen can be changed once a week on Wednesdays in the dormitory basement. You can also make use of the laundry in the dormitory.

International Office

The International office is located on the 0 floor. The room number on the door of the office is written in Russian - БЦ-02.

From the Main entrance, you should turn to the left, then go through glass transition and then go down 2 floors to 0 floor.

INTERNATIONAL OFFICE

Telephone: +7 (495) 434 234 84 61

Email: e.orlova@inno.mgimo.ru

Office: БЦ-02 (see MGIMO map, 0 floor).

Address:




International Office

MGIMO University

76, Prospect Vernadskogo Moscow, Russia, 119454

The International Office helps foreign students in dealing with practical matters related to their stay in Moscow, such as obtaining their visas, going through the registration process with immigration authorities, and securing accommodation. Alongside providing guidance as regards academic issues whenever necessary.

How to Get into the University

You can get into the University through the main entrance   and New building's entrance. Please show your passport to security at the entrance. Note that the Sports Center has its own entrance  .

Money

All payments in Russia are made in Rubles. You can exchange money in a bank or withdraw cash from an ATM using a card (most globally used cards are accepted in Russia). Please note that you may be charged an extra fee when withdrawing cash. We advise you to exercise considerable care when using credit cards, and to pay for goods or services by cards only in supermarkets or large retail outlets, to minimize the risk of fraudulent use.

There are several ATMs at MGIMO.

Sberbank and Gazprombank ATMs are located to the left of the main entrance on the 2nd floor. Another Sberbank ATM is located on the 1st floor near a cafe entrance; downstairs from the main entrance and to the left. Sberbank also has an ATM on the 1st floor of the New Building .

Gazprombank has a branch and ATM at MGIMO. It is located in the main building on the first floor , through the main entrance to the left down a hallway. All standard banking processes, including transfers, can be conducted from the office.

Food

The student canteen is open from 11 a.m. to 3 p.m., Monday to Friday. Lunch will generally cost about 300 Rubles (4,5 USD).

The nearest supermarket is Седьмой Континент (Seventh Continent) (see). It offers a full range of products and is comparable to supermarkets in large cities around the world. To reach it from the MGIMO dormitory students should cross the road (Lobachevskogo street), turn left and walk to the first intersection, then turn right and walk along Koshtoyantsa street to 21a.

Most students residing in the dormitory prefer to buy food at Виктория (Viktoria) supermarket which offers many items at lower prices. You can also find additional services there including dry cleaners, a photoshop, and a pharmacy.

Numerous eateries are located near the Yugo-Zapadnaya metro station, where there is a big shopping mall “Avenue” with a cinema, supermarket “Perekryostok” and food court including Starbucks, KFC, McDonald's, and others.

The smaller mall “Zvionochka” has a food court as well.



Another larger, Seventh Continent store is located on Udaltsova street at the end of Koshtoyantsa street walking away from MGIMO. A little further along Udaltsova street, there is a shopping center with several restaurants and an upmarket green Перекрёсток (Perekryostok) supermarket.

Pharmacy

The nearest pharmacy is “Apteka” in the MGIMO Campus.

"36.6" on Koshtoyantsa street, 33 .

Laundry / Dry Cleaners

You can use laundry in the dormitory or the most commonly used laundry and dry cleaning service is *Диана (Diana)*. There is one in *Viktoriya*  and *Seventh Continent* .

Mobile Communications

There are several mobile communications operators in Moscow: the major ones are Megafon, Beeline, and MTS. A local SIM card can be purchased at branded shops which are usually located near the metro stations. Please be aware that international calls from mobile phones may be very expensive. However, some operators offer discount long-distance calls to a specific country.



Internet

There is free Wi-Fi in the MGIMO University building and on the first and second floors of the Dormitory. The name of MGIMO wi-fi network is ALMATEL.RU.

sport

MGIMO University offers a wide range of sports activities at the MGIMO Sports Center **S**. Students have access to the swimming pool, tennis courts, soccer and mini-soccer, volleyball and badminton courts, table tennis, and there is also a chess-club.

The six lane swimming pool **SP** is open every day from 8 a.m. to 11 p.m.

Please check the fees and timetables at the Sports Center. To use Sports Center facilities and services students will need to get a subscription from the Sports Center administration.

As exchange or Visiting student you will have 50% of discount for swimming pool.



Library

Students can use the resources of the University Library **L** upon request. For taking out books to the dormitory you need to receive a Reading ticket “Chitatelskiy bilet” /Читательский билет. To receive it you should come to the library with your student ticket and 1 your photo.



The library reading room can be entered from the main lawn **M**.

Medical Service

To cover the possibility of medical emergencies, international students are required to have medical insurance, and to verify that their medical insurance covers any hospitalization and medical care needs which may occur while living or traveling abroad as well as possible repatriation to their home country in the event of medical emergency. MGIMO University has its own Medical Center **A7** and cooperate with some Insurance Companies. In case of emergency international students who bought a medical insurance at MGIMO can be provided with the aid by MGIMO Medical Center personnel. The Center is open Monday – Friday, 9 a.m. – 6 p.m.

Location

MGIMO is located in a picturesque green belt area of south-western Moscow, home to several higher education institutions, and considered upmarket and safe. The nearby commercial facilities and recreational spaces ensure a comfortable daily life for international students. Easily accessible leisure pursuits include walking and jogging in nearby gardens, cinemas, and a bowling alley, with the center of Moscow only 30 minutes away by metro. You can reach MGIMO from two Red Line metro stations - ***Yugo-Zapadnaya*** and ***Prospect Vernadskogo***. The Moscow metro is the safest and fastest transportation across Moscow.

Transportation

Bus transport to the nearest metro station, Yugo-Zapadnaya from the University is regular from the bus stop (point автобусная остановка) on Bus #688 , #785, # 519 You can buy a ticket directly from the driver. One ticket costs 55 rubles.

The metro has no special zones, and there is no time limit for using a ticket.

If necessary it is possible to call a taxi by phone. MGIMO advises that students should not use private drivers or cars which do not have a TAXI (TAXI) sign on the roof.

The route from central Moscow to MGIMO is through Prospekt Vernadskogo metro station. Upon reaching the station, alight and walk in the direction the train is traveling, through the glass doors, turn right, go upstairs and find the stop for Bus #715. Go to the "MGIMO" bus stop or to the next stop "Akademia Truda" if you want to exit near the dorm.

MGIMO can also be easily reached through Yugo-Zapadnaya metro station, by alighting and walking the opposite direction to which the train is traveling, through the glass doors, turn right, go upstairs and find Bus #688 to "MGIMO" or "Akademia Truda. (or).

From either metro station, there are also minibusses which convey students to MGIMO, with bus and trolley bus services also available. A mini buses fare is 30 rubles paid to the driver. Mini-buses make stops on request.

General Security

The MGIMO campus & dormitories are located in one of the safest districts of Moscow.

The MGIMO buildings, as in most office, state & educational buildings in Moscow, have strong security access and video security systems in place.

In any emergency, please contact your supervising department, or directly call emergency services – 112 on all local mobile operators.

Moscow is generally a rather safe city with low levels of crime. However like all large global cities crime does exist and MGIMO students are encouraged to exercise caution to minimize potential risks.

Students are kindly requested to wear proper clothes every time they enter the University building as well as during official visits (please no shorts and slippers).

Trips/Visits

- *Moscow at night.* A sightseeing tour of Night Moscow, with the Russian capital full of colors and brightly illuminated streets and avenues.
- *Kuskovo Estate* was the summer country house and estate of the Count Sheremetev family. Magnificent architectural monuments, original interiors, a beautiful park and a unique collection of ceramics and glass will create unforgettable impressions, immersing you into the world of an old Russian estate.
- *The Museum of Cosmonautics* exposition gives a retrospect of Soviet space programs and shows all the newly accumulated information and latest technologies.

- *The State Duma*. This is the lower house of the Federal Assembly - Parliament of the Russian Federation.
- *Channel "RT TV"*. A visit to Russia's English language TV news broadcaster.
- *The State Tretyakov Gallery*. The State Tretyakov Gallery is the foremost collection of Russian fine art. Its collections embrace all schools of Russian painting from the 10th to 20th century - from ancient icons to the contemporary avant-garde.

