

# RESEARCH METHODS FOR MENTAL HEALTH IN WAR AND CONFLICT



## AN INTENSIVE SHORT COURSE

INSTITUTE OF COMMUNITY AND PUBLIC HEALTH, BIRZEIT UNIVERSITY AND KING'S COLLEGE LONDON



Mark your calendars!

Qualitative research methods course: 9-14 July  
Quantitative research methods course: 16-21 July  
Birzeit University



## AIMS AND OBJECTIVES

This **certificate intensive short course** will equip you with up-to-date quantitative and qualitative research skills. You will learn how to **analyse data** from your existing records or datasets for use in programme evaluation, reporting, and paper writing as well as to **independently design an original research project**. While this course is theory-led, it will give you ample opportunities to apply the concepts via practical and interactive activities, including a small research project and presentation. With these newly won skills you will be able to contribute to research and evidence-based mental health interventions in the West Bank and the Gaza Strip.

The certificate course is divided into two segments which can be taken together or individually. The first focuses on **qualitative research methods** (9 – 14 July 2018) and the second focuses on **quantitative research methods** (16 – 21 July 2018). Experienced researchers will teach the course from the Institute of Community and Public Health (ICPH) at **Birzeit University** and the Department of Global Health and Social Medicine at King's **College London**. It will appeal to those who require training and professional development in research methods including researchers, current and recently graduated Master's students, professionals working for local or international NGOs and Ministries, and humanitarian aid providers.



### Key benefits

- We offer excellent training in **designing, conducting and disseminating** the findings of qualitative and quantitative research projects
- We draw heavily on **contemporary examples** of research on mental health in war and conflict with a particular focus on Palestine and the wider region
  - We encourage candidates to apply their learning using **their own data**
- We use a **range of formats**, including face-to-face and online blended learning, with practical workshops and group discussion
- Delivered by **experienced tutors** from a range of health, social scientific and medical research communities

### Certification

The receipt of a **certificate from Birzeit University and King's College London** will require the successful completion of the course. This involves regular attendance and participation, carrying out a small research project and presenting research findings using infographics. The certificates will be presented during a **public ceremony at Birzeit University** in the beginning of September 2018.

### Eligibility criteria

- The course is designed for researchers; current and recently graduated Master's students; professionals working for local or international NGOs and Ministries; and international aid providers
- The course is open to **any Palestinian** who is able to reach Birzeit University without needing our intervention in supporting crossing or obtaining permits

### Pre-requisites

- The choice of applicants will be based on a short (0.5 page) **personal statement** provided by the participant. Please state:
  - The reason/s for your interest in the course/s
  - Evidence of any previous knowledge of SPSS and statistical methods
  - How you anticipate to apply what you will learn from the course/s in your future work
- Participants taking the quantitative course will need basic knowledge of SPSS and statistical methods.

### Key dates

Qualitative research methods for mental health in war and conflict: **9-14 July 2018**

Submission of qualitative course work: 11 August 2018

Quantitative research methods for mental health in war and conflict: **16-21 July 2018**

Submission of quantitative course work: 18 August 2018

Please note, if you attend both courses, you will submit your course works on 25 August 2018

Certificate ceremony: At Birzeit University in the beginning September 2018.

### Application and registration

To apply, please send a copy of your CV and a personal statement (0.5 page) to the following address by **1 June 2018** to [lphacoordination@gmail.com](mailto:lphacoordination@gmail.com)

Please note that there are **no fees** to this course. However there will be a selection process based on qualification and personal statement submitted.

For inquiries and further information, please contact: Ms. Shiraz Nasr, [lphacoordination@gmail.com](mailto:lphacoordination@gmail.com);

Tel: 970-2298-2019